## Public Speaking 101



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# How Do I Become a Confident, Effective Speaker?

Planning

Preparation

Practice

## The Three Most Important Questions to Address in Putting Together a Talk

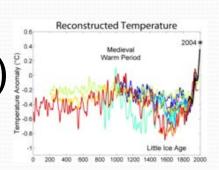
• The Audience?





• Why are you here?

What's your message?(" the moral of the story")



# Story Time When A Talk Goes "Wrong"



IFT 2007 Annual Meeting- Chicago, IL





#### **Lesson Learned**

#### Western Poultry Disease Conference

- Audience: Veterinarians
  - NOT Researchers

- Purpose: Food Safety Workshop
  - Specific: How do pathogens cause disease?
- Message:
  - Answer: Cell invasion & induction of inflammation

## Other Things to Consider

- Where are you in the program?
- How much time are you given?
- How "fresh" is your audience/participants?
- And your audience can read!!!!



#### **Now You Can Start!**

- Introduction
  - Background
  - Hypothesis- ties in with "take home message"

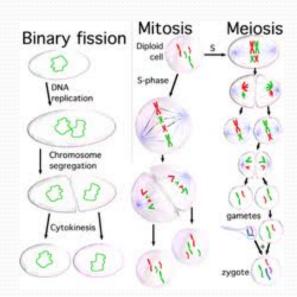
Don't make your audience "work" by cramming every fact onto the screen/slide

- Body
  - What you did and why
  - What you found
  - What it means
- Conclusion ("Take home message")

### **Story**board Your Talk



- What is your message? (and how do you get there from here?)
- Make it VISUAL
- Mix it up! (Tables, graphs, etc.)
- Don't overwhelm your audience!
- Finish strong!



### **How Many Slides Do I Need?**

- Depends!
- General Rule: 1 slide/minute
  - 15 minute talk- 10 slides
  - 30 minute talk- 20 slides
  - 60 minute talk- 45 slides
- Depends!

## Delivery

Right!



Wrong!



Best- conversation with the audience



Pointer/Pointing

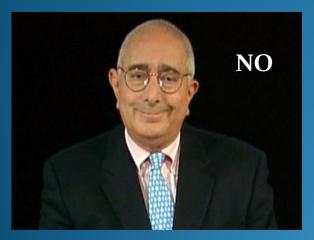


Notes

Facing

# Vocal Variety: Pitch, Volume, and Tempo







## **Preparation & Practice**

Notes

Simulate Environment

Time Speech



Make Changes ———





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